

I am excited to present to you a project that is near and dear to my heart- enhancing our already beautiful river trail by creating a forager trail and a 1-mile forager park. Edible plants, such as raspberries, blackberries, and strawberries, along with apple and pear trees, all can thrive in Michigan with planning and care

This unique opportunity will consist of signage showing the location of edible plants and explanations of how and when to harvest, as well as relevant history of plants in mid-Michigan and connections to Native American culture.

Strategically planting foragable trees and bushes along the length of the river trail system will provide a new vision of healthy food, while a dense 1-mile section of edible delights will create a special place for both the general community as well as school, pre-school, and retirement home field trips.

This is a chance to take a small step toward reducing the ever-growing rates of obesity, diabetes, high cholesterol, and other current health concerns. It has been shown that being outside improves mental health, concentration, and happiness.

My request to community members is to come together and help me make this happen through volunteering, as well as through donations of money, plants, and services. Youth groups, Scout groups, nature centers, area running and walking groups can all come together to improve the lives of everyone.

Some local nonprofits are already on board- Allen Neighborhood Center, The Friends of the Lansing Regional Trails, and the Parks Department of the City of Lansing all are partners committed to making this a reality.

I believe we live in a special area, and together we can provide healthy experiences for both adults and children. Let's make this community better with the LANSING FORAGER TRAIL AND FORAGER TRAIL PARK!

Jeremy Worman